

## Island Brac 7 Day Experienced Walking Programme

There is no better way to learn about the nature, geology, history or habits of the people of Brac than a walking holiday. Walking is the best possible choice. Let us guide you through the Mediterranean spirit of island landscapes, enjoying the island beaches and its clear blue sea.

### DAY TO DAY ITINERARY:

Day 1 - Pick up from the airport and transfer to Split ferry harbour. An hour ferry transfer to Supetar harbour and with a van to Sutivan (20 min). After settling into your room, introduction to the programme and a walk through Sutivan with a guide.

Day 2 - After breakfast the walk starts through Sutivan over a town cemetery and St Roko church. The walk continues through hundreds of years old olive groves and pine woods with views on north-west coast of Brac and island Solta, arriving at a small picturesque fishing village, Bobovisca Luka. Here we take a short break for lunch and swimming. We continue slightly uphill to the old village of Bobovisca and shortly after that to Lozisca with a most beautiful belfry on the island. After a short break we continue over the bridge of Franz Joseph crossing the gorge. The last part of the walk takes us through olive groves and mainly downhill back to Sutivan. (Duration time approximately 0900 to 1600 hours - 18 Km).

Day 3 - After breakfast a van transfer to the old shepard's village Gazul on Vidova Gora. The walk takes us through the a forest of black pines and continues over Trolokve area with natural cisterns of water for sheep and horses. We then arrive at the highest peak of all Adriatic islands, Vidova Gora, with a beautiful view to the south side of Island Brac and other islands of Middle Dalmatia. After a break we continue through wonderful landscape views of cliffs, partly black pines and aromatical bushes of rosemary, sage and thyme before arriving at Bol. Here we have the opportunity for a swim and time to explore Bol

before taking a van transfer back to Sutivan. (Duration time approximately 0900 to 1700 hours (20km).

Day 4 - Free day for optional activities such as an excursion to Split and to visit the Diocletian Palace, Sea Kayak tour. You can rent a bike or a scooter (not included in the price) or just enjoy free time and take a swim. Dinner is also free for you to try different restaurants in the village at your own expense.

Day 5 - A short van transfer takes us near to the world famous stone quarry, which provided the stone for the Whitehouse in Washington. After a break and sight-seeing of the quarry we continue across the valley and arrive at Skrip, the oldest settlement on the island (3000 years old). In this village, which was Illyrian, Roman and then Croatian, there are many things to visit, as well as the Museum of Island History. The walk continues to a pretty coastal village, Spiltska. A break for lunch and coffee in the local cafe bar and we then continue along the coast to Postira and further to Lovrecina Cove with a visit to the Roman Basilica and the sandy beach with the chance for a swim, weather permitting. We then transfer back to Sutivan. Duration time approximately 0900 to 1700 hours (22km).

Day 6 - Transfer is to a point on Vidova Gora mountain and a walk along the shady picturesque path to Monastery Blaca, which is an exceptional sight built in cliffs, and has an interesting history. We continue walking through the gorge to the south side of the island to the beautiful lonely pebble beach hidden in the pine forest. A break for lunch and swimming and then we take a boat transfer along the south coast to Golden horn, the most beautiful beach in Croatia, followed by a walk to Bol and finally van transfer to Sutivan. (Depending on group fitness and weather, you may prefer to walk to Bol instead of taking the boat, but your leader will decide and make the necessary arrangements for this challenge). Duration time approximately 0900 to 1700 hours (6km) or from 0900 to 1800 hours if we walk to Bol (30km).

Day 7 - Free day for optional activities such as an excursion to Split and a visit to the Diocletian Palace, sea kayak tour, or renting a bike or

scooter (not included in the price), or just enjoying some free time. A final celebration dinner will take place with your guide later in the evening.

Day 8 - A van transfer to Supetar and a ferry transfer to Split and on to the airport. Return home.

## **IMPORTANT INFORMATION FOR YOU TO READ**

### **Experience (difficulty) level:**

This programme is suitable for experienced walkers who can easily walk up to 20 km per day. Routes are not difficult to walk in respect of altitude or terrain but a reasonable standard of fitness is preferred in order to allow you to make the most of the walks. Some of the paths in places are stoney or have loose rocks. Walking sticks may be helpful.

All walking days in this programme are designed for people who have at least some experience in walking or trekking. The programme is suitable for anyone who enjoys regular exercise and is fit enough to undertake 20 km of walking daily. We will often be quite far from civilisation, so it is important that your general health is good and that you are able to withstand bad weather if necessary. Summer day temperatures can affect the level of difficulty.

This tour is lead by one experienced guide who will walk with you, sorting out first aid needs and handling the trip logistics.

If you have any doubts about your suitability please contact us.

**Whilst we endeavour to follow our itinerary, there may be exceptional circumstances when this is not possible. We reserve the right to cancel or modify the itinerary as necessary.**

**Tour duration:** 8 days / 7 nights

**Group size:** Minimum 5 / Maximum 15

**ACCOMMODATION:**

Our base for this activity week is Sutivan, a small town of Dalmatian architecture, located by the sea on the north-west coast of Island Brac. Our price is based on twin share accommodation standard category. Therefore if you are travelling alone in a group you will be required to share with another traveller of the same sex. If you do not wish to share then single rooms can be arranged at an extra cost (for more information contact us directly).

Accommodation is in private old stone houses in Sutivan and the rooms are clean and comfortable. In the old traditional Dalmatian houses in the centre of the town it is possible that you may have to share a bathroom with another room.

For special requests please contact us and we can direct you to the preferred accommodation.

### **MEALS:**

Included are breakfasts for 7 days, 5 packed picnic lunches (4 activity days and departure day) and 6 dinners (on Day 4, your free day, you can try another restaurant in the village). You will have all the arranged meals at the small authentic Dalmatian restaurant in the centre of Sutivan.

### **WHAT TO BRING:**

- small backpack (20-35 lit.)
- plastic sport-bottle for water
- suncream
- good pair of sunglasses
- sun hat
- walking boots/shoes
- walking sticks

- t-shirts and shorts as well as longer pants if weather dictates
- windstopper or some warm clothing
- swimming costume
- socks for walking
- camera and photo equipment

## **WHAT IS INCLUDED IN THE PRICE**

- 7 nights accommodation in Sutivan as listed in itinerary
- 7 breakfasts, 5 packed picnic lunches and 6 dinners as listed in itinerary
- full time services of a guide/group leader when on a group adventure and help out for extra activities.
- all instruction and supervision from our fully experienced activity leader
- all transfers to and from activities
- all tickets for museums and other entrance fees as listed in itinerary
- transfers from and to the airport on your arrival and departure days including bus and ferry